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Acetaminophen/Ibuprofen Dosage Chart

Tylenol/Advil/Motrin

ACETAMINOPHEN: Give every 6 hours as needed; do NOT exceed 4 doses in 24 hours.

WEIGHT pounds (lbs.)	ELIXIR 1 teaspoon = 160mg/5ml	CHEWABLE 1 tablet = 80mg	JR. STRENGTH 1 caplet = 160mg	REG. STRENGTH 1 tablet = 325mg
6-11 lbs	1/4 teaspoon (1.25 ml)	---	---	---
12-17 lbs	1/2 teaspoon (2.5 ml)	---	---	---
18-23 lbs	3/4 teaspoon (3.75 ml)	---	---	---
24-35 lbs	1 teaspoon (5 ml)	2 tablets	---	---
36-47 lbs	1 1/2 teaspoons (7.5 ml)	3 tablets	---	---
48-59 lbs	2 teaspoons (10 ml)	4 tablets	2 caplets	1 tablet
60-71 lbs	2 1/2 teaspoons (12.5 ml)	5 tablets	2 1/2 caplets	1 tablet
72-95 lbs	3 teaspoons (15 ml)	6 tablets	3 caplets	1 1/2 tablet
96+ lbs	---	---	4 caplets	2 tablets

IBUPROFEN: Give every 6-8 hours as needed always with food; do NOT exceed 4 doses in 24 hours.

WEIGHT pounds (lbs.)	INFANT DROPS 40mg/1ml	CHILDREN'S LIQUID 1 teaspoon = 100mg/5ml	CHEWABLE TABS 1 tablet = 100 mg	TABLETS 1 tablet = 200mg
11-21 lbs	1/4 teaspoon (1.25ml)	1/2 teaspoon (2.5ml)	1/2 tablet	---
22-32 lbs	1/2 teaspoon (2.5ml)	1 teaspoon (5ml)	1 tablet	---
33-43 lbs	---	1 1/2 teaspoons (7.5ml)	1 1/2 tablets	---
44-54 lbs	---	2 teaspoons (10ml)	2 tablets	1 tablet
55-65 lbs	---	2 1/2 teaspoons (12.5ml)	2 1/2 tablets	---
66-87 lbs	---	3 teaspoons (15ml)	3 tablets	1 1/2 tablets
88+ lbs	---	4 teaspoons (20ml)	4 tablets	2 tablets

Dosages from Children's Hospital and Clinics of Minnesota, Revised 2014.

MEMBERS: As always, your provider is just a phone call or text message away. It's better to be safe than sorry. Reach out if you are worried or if this protocol isn't helping.