West @ 4722 W. Kellogg Dr.
316-440-2565 fax 316-440-2750
Northwest @ 3560 N. Maize Rd.
316-669-3851 fax 316-358-9832

IMC **IMMEDIATE**
MEDICAL CARE

East @ 5838 E. Central Ave.
316-440-4595 fax 316-440-4596
South @ 7030 S. Broadway St.
316-558-5950 fax 316-558-5951

IMCWichita.com

I had my COVID test, now what?

Our results will be created by LabCorp and will be available in 3-5 days.

- Please set up a patient portal to get the results at **http://patient.labcorp.com**
- If you receive an email from IMC with your results or a note, click on the link and enter code: **covid**

Please remain home until we have called you with results. Testing does not catch every case, so please stay home if you have symptoms and be re-evaluated if your condition worsens.

QUARANTINE or ISOLATION? (recommendation from CDC)

- Persons who have been **exposed to COVID-19** or have traveled to restricted areas require a 14 day quarantine from the date of last contact/exposure.
    - Household contacts start 14 days from the last day of the positive person's isolation.
    - Options to shorten quarantine include (still monitoring for symptoms until day 14)
        - 7 days (if tested after day 5 from exposure) or 10 days without a test.
- **Asymptomatic persons with COVID-19** can stop isolation if 10 days have passed since the positive test and NO SYMPTOMS have developed.
- **Symptomatic persons with COVID-19** can stop isolation if NO fevers for 24 hours **AND** symptoms improving **AND** at least 10 days have passed since onset.
- You will still need to meet the criteria of your employer or school district.

SELF CARE and PREVENTION

- Treat symptoms with OTC medications.
- Stay home when you are sick
- take deep breaths several times throughout the day AND prop up on extra pillows for sleep.
- Cover your coughs and sneezes.
- Wash your hands thoroughly with soap and water.
- Avoid touching your eyes, nose, or mouth unless your hands are clean.
- Wear masks as per the mask ordinances.
- Avoid being around people who are sick.
- Drink plenty of fluids and eat healthy foods. Get plenty of rest and manage your stress levels.
- Clean Frequently touched surfaces (Doorknobs, handles, tabletops, etc)

Other options for FREE COVID-19 testing for Sedgwick County Residents
- Sedgwick County Health Department – Call 2-1-1 for phone triage. You'll have to leave a message with your name and phone number. The triage nurse should call you back to discuss symptoms and scheduling for a test.